

Quality of meat from young bulls in relation to its ultimate pH value

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Samples of *longissimus dorsi* muscle were analysed from two groups of young cattle: 71 Polish Holstein-Friesian Black-and-White bulls (PHF) and 79 bulls, crossbreds of PHF dams with Limousine sires (PHF×L). Within each of two groups the samples were divided into four subgroups based upon the value of meat ultimate pH (pH_u) measured 48 h post-slaughter: ≤ 5.4 , 5.5-5.7, 5.8-6.0 and >6.0 . It was found that an increase in meat pH_u was accompanied by a decrease in dry matter content of meat of both groups, and in the content of total protein in crossbreds. Lower meat pH_u was accompanied by a higher concentration of soluble protein. Determination of the non-protein nitrogen content of meat revealed its lowest concentration in samples with $pH_u \leq 5.4$ and 5.8-6.0 in PHF bulls, and in samples with $pH_u \leq 5.4$ and >6.0 in crossbreds. Meat with highest pH_u was darkest in colour and showed lower water-holding capacity. Meat with the highest ultimate pH received the highest scores for sensory properties.

KEY WORDS: bulls / meat quality /ultimate pH

Meat pH, as affected by post-mortem glycolysis in muscle tissue, has a profound influence on meat quality since it determines traits responsible for the processing suitability and eating attributes of meat [van Laack *et al.* 2001]. This is also the simplest parameter characterizing the course of post-mortem changes in muscles. Thus, the determination of pH is applied in practice to detect meat quality deviations [Byrne *et al.* 2000].

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In the light of reference data [Kortz 2001], quality differences between the meat classified as “defective” and “normal” are obvious. However, some meat samples may show intermediate quality values. The results of earlier experiments indicate that beef with pH_u within the range of 5.8 to 6.2 is characterized by intermediate values between normal-quality (pH_u 5.4-5.8) and DFD meat ($\text{pH}_u \geq 6.2$) with respect to colour, palatability and water-holding capacity, as well as by lower tenderness [Purchas 1990, Silva *et al.* 1999, Obanor *et al.* 2001, Jeleniková *et al.* 2008]. Therefore, a question arises whether the above relationship can be considered a general rule, and to what degree it may determine the eating quality of beef.

The objective of this study was to analyse the effect of different ultimate pH (pH_u) values on the quality of meat from young Polish Holstein-Friesian Black-and-White (PHF) and crossbred (PHF $\times$ Limousine) bulls.

Material and methods

Samples of the *longissimus dorsi* muscle were collected at random from 71 carcass-sides of Polish Holstein-Friesian Black-and-White (PHF) bulls and 79 carcass-sides of crossbred bulls from mating PHF dams to Limousine sires (PHF $\times$ L.).

The animals were purchased by the “Morliny” Meat Plant during three weeks of September. Crossbreds were identified based on their characteristic coat colour and mating records of dams. Prior to slaughter the animals were kept at the lairage for 20-24 hours. Slaughter and post-slaughter processing was carried out in accordance with the regulations binding in the meat industry.

The following determinations were made on carcasses chilled to 3°C over 48 h.

- cold carcass weight, accurate to 0.1 kg (the analysis covered carcasses weighing 210-240 kg in the PHF group, and 270-300 kg in the crossbred group);
- ultimate pH of *longissimus dorsi* muscle (pH_u) measured 48 h post-slaughter between the last and before the last thoracic vertebra, with the use of a Double Pore combination electrode (Hamilton) and a pH 340i pH-meter with a TFK 150/E temperature sensor (WTW). In order to determine the effect of different values of pH_u on meat quality, samples were divided into four subgroups subject to pH_u value, as follows: ≤ 5.4 , 5.5-5.7, 5.8-6.0, and 6.0. The numbers of meat samples in particular groups are given in Table 1.

Samples of *longissimus dorsi* muscle of approximately 300 g were collected from chilled right carcass-sides, in the area of the last three thoracic vertebrae. The samples were vacuum-packed in polyamide/polyethylene (PA/PE) bags and transported to the laboratory in an isothermal container.

A laboratory analysis was performed on vacuum-packed samples stored at 0 to 2°C for three days. Meat colour (1 point – light, 8 points – dark) and marbling (1 point – invisible, 5 points – very strong) were determined on fresh (15 minutes) cross-section areas of the samples. Next, part of each sample was used for the sensory evaluation, and the remaining was thoroughly minced in order to determine the basic

Table 1. Number of LD samples within each of four ultimate pH (pH_u) subgroups

Animals		pH _u subgroup of LD muscle (48 h <i>post-mortem</i>)			
		≤5.4	5.5-5.7	5.8-6.0	>6.0
PHF bulls ¹	number	3	12	4	52
	%	4.23	16.90	5.63	73.24
Crossbred bulls ²	number	14	10	13	42
	%	17.72	12.66	16.46	53.16

LD – *longissimus dorsi* muscle.

¹Polish Holstein-Friesian Black-and-White.

²Polish Holstein-Friesian Black-and-White × Limousine.

chemical composition and physico-chemical properties of meat. The sensory properties of cooked meat [Znaniński *et al.* 1983], namely aroma, palatability, juiciness and tenderness, were estimated by five panelists according to Polish Standard [1998] on a five-point scale (1 point – the worst, 5 points – the best). Moreover, the following determinations were made: chemical composition of meat (dry matter, total protein, soluble protein, non-protein nitrogen, fat, ash) – with conventional methods [AOAC 1990]; physico-chemical properties of meat (pH – in water homogenates of meat, at the meat to distilled water ratio of 1:1; colour brightness – based on light reflection (%) from the surface of minced meat, measured with a SPEKOL spectrophotometer with a R45/0 remission attachment, at a wavelength of 560 nm; water-holding capacity – with the Grau and Hamm method [Van Oeckel *et al.* 1999].

In order to determine the effect of pH_u on meat quality, the results were verified statistically by one-factor analysis of variance, using STATISTICA[2005] data analysis software system, version 7.1. A one-factor analysis of variance in a non-orthogonal design was performed separately for PHF and crossbred bulls, to eliminate the impact of their different carcass weight on meat quality. The significance of differences between group means was identified with the Duncan's test.

Results and discussion

Higher pH_u was accompanied by a decrease in the dry matter content of meat (Tab. 2). However, significant differences between group means were identified only in crossbreds. No significant ($P>0.05$) differences were found between meat samples with various pH levels with respect to the content of ash and fat, and rate of marbling. However, meat with pH_u>6.0 had a lower intramuscular fat content. The total protein content of meat in crossbred bulls characterized by various pH values, remained at a similar level ($P>0.05$). Relatively small inter-subgroup differences regarding total protein content of meat were also noted in PHF group. In this group, the difference between the highest and the lowest protein content of meat with pH 5.8-6.0 and pH ≤5.4 reached 1.10 per cent points (pp), and only this difference was found to be significant ($P≤0.05$).

Table 2. Proximate chemical composition (%) and marbling (points) of LD samples as related to ultimate pH (pH_u) values

Compound	Animals		pH _u subgroup of LD (48 h <i>post-mortem</i>)			
			≤4	5.5-5.7	5.8-6.0	>6.0
Dry matter	PHF bulls ¹	mean	25.69	25.19	24.58	24.08
		SD	2.15	2.71	0.55	1.65
	crossbred bulls ²	mean	25.72 ^{Aa}	25.36 ^B	24.71 ^a	23.84 ^{AB}
		SD	0.77	0.92	1.53	1.36
Fat	PHF bulls ¹	mean	2.30	2.35	1.58	1.52
		SD	1.59	1.90	0.61	1.21
	crossbred bulls ²	mean	1.71	1.82	1.92	1.44
		SD	1.12	1.00	1.56	0.87
Marbling	PHF bulls ¹	mean	1.83	2.17	2.13	1.77
		SD	1.04	1.17	0.85	0.91
	crossbred bulls ²	mean	2.18	1.95	2.35	2.00
		SD	0.70	0.60	1.13	0.95
Crude protein	PHF bulls ¹	mean	20.80 ^a	21.32	21.90 ^a	21.51
		SD	0.18	0.62	0.62	0.80
	crossbred bulls ²	mean	21.84	21.69	21.47	21.45
		SD	0.66	0.76	0.42	0.93
Soluble protein	PHF bulls ¹	mean	4.73 ^A	5.73 ^a	5.27 ^B	7.00 ^{ABa}
		SD	1.07	0.76	0.45	0.90
	crossbred bulls ²	mean	5.49 ^{Aa}	6.09 ^{Ba}	5.94 ^C	6.90 ^{ABC}
		SD	0.42	0.81	0.77	0.76
Non-protein nitrogen	PHF bulls ¹	mean	0.400	0.427 ^a	0.385 ^{ab}	0.428 ^b
		SD	0.046	0.038	0.017	0.033
	crossbred bulls ²	mean	0.410 ^a	0.459 ^{ab}	0.427	0.413 ^b
		SD	0.069	0.037	0.039	0.043
Ash	PHF bulls ¹	mean	1.19	1.10	1.18	1.12
		SD	0.12	0.09	0.18	0.10
	crossbred bulls ²	mean	1.18	1.18	1.14	1.14
		SD	0.15	0.10	0.10	0.13

LD – *longissimus dorsi* muscle.¹Polish Holstein-Friesian Black-and-White.²Polish Holstein-Friesian Black-and-White × Limousine.^{aA...} Within rows means bearing the same superscripts differ significantly at: small letters – P≤0.05; capitals – P≤0.01.

Available literature vary widely with regard to the proximate composition of meat differing in pH. McLoughlin and Goldspink [1963] reported no significant differences in the dry matter content between the normal-quality pork and pork with low pH. Aaslyng *et al.* [2003] in beef, and Sobina [1998] in pork noted a higher dry matter content of meat with low pH. A lower fat content of meat of high pH, observed in the present study, corroborates the results obtained by Meller *et al.* [1998], but contradicts the findings of Aaslyng *et al.* [2003] who reported the opposite relation. Aaslyng *et al.* [2003] and Meller *et al.* [1998] also demonstrated that meat with low acidity is characterized by a lower total protein content, which corresponds to the present results, but only with reference to crossbreds.

The highest significant ($P \leq 0.05$ and $P \leq 0.01$) intergroup difference in soluble protein concentration was observed in meat with $pH_u > 6.0$, while the lowest – in meat with $pH_u \leq 5.4$. The relation between the pH_u and the soluble protein content of beef could be a consequence of a decrease in the ionic activity of protein and its lower solubility at high acidity. Moreover, rapid and profound acidification of muscle tissue may lead to partial protein denaturation, thus decreasing protein solubility in water [Honikel and Kim 1985].

In PHF bulls the non-protein nitrogen content was lowest in meat of the highest acidity ($pH_u \leq 5.4$) as well as in meat with pH_u 5.8-6.0. In crossbreds, the lowest non-protein nitrogen concentration was found in meat with the lowest and highest acidity. A lower non-protein nitrogen content of PSE and DFD porcine meat, compared to that with normal pH, was also observed by Sobina [1998]. Lower content of non-protein nitrogen may be indicative of a slower rate of protein degradation, resulting from reduced activity of proteolytic non-lysosomal (calpains) and lysosomal (cathepsins) enzymes of meat with low and high pH, respectively [Schwagele 1999].

Table 3. Physico-chemical properties of LD samples as related to ultimate pH (pH_u) values

Trait	Animals		pH_u subgroup of LD (48 h post-mortem)			
			≤ 5.4	5.5-5.7	5.8-6.0	> 6.0
pH_{48}	PHF bulls ¹	mean	5.32 ^{Aa}	5.60 ^{Ba}	5.85 ^A	6.50 ^{AB}
		SD	0.05	0.06	0.06	0.21
	crossbred bulls ²	mean	5.34 ^A	5.58 ^A	5.90 ^A	6.52 ^A
		SD	0.04	0.07	0.09	0.19
pH_{120}	PHF bulls ¹	mean	5.33 ^{Aa}	5.63 ^{Ba}	5.83 ^A	6.54 ^{AB}
		SD	0.06	0.08	0.05	0.24
	crossbred bulls ²	mean	5.36 ^A	5.60 ^A	5.91 ^A	6.54 ^A
		SD	0.06	0.08	0.10	0.22
Colour brightness	PHF bulls ¹	mean	14.67 ^{Aa}	12.17 ^{ab}	12.75 ^c	9.90 ^{Abc}
		SD	1.53	1.80	1.89	1.75
	crossbred bulls ²	mean	13.07 ^A	12.00 ^a	12.08 ^b	10.33 ^{AB}
		SD	2.20	1.94	2.40	1.32
Colour (points)	PHF bulls ¹	mean	4.67 ^{AC}	5.25 ^B	6.00 ^C	6.65 ^{AB}
		SD	0.76	1.08	0.41	0.76
	crossbred bulls ²	mean	4.29 ^{ABa}	5.60 ^{Ab}	5.12 ^{Ca}	6.50 ^{BCb}
		SD	0.97	1.15	1.21	0.74
Water holding capacity (cm ²)	PHF bulls ¹	mean	8.47 ^A	7.05 ^a	6.96 ^b	5.38 ^{AB}
		SD	1.34	1.20	1.34	1.25
	crossbred bulls ²	mean	8.54 ^{Aab}	7.30 ^{Ba}	7.37 ^{Cb}	5.56 ^{ABC}
		SD	2.06	0.82	1.38	1.54

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Table 3 presents the physico-chemical properties of meat. The differences between the mean pH values of meat determined in particular pH_u subgroups were statistically confirmed. Meat with the highest pH_u (> 6.0) was characterized by the darkest colour and the highest water-holding capacity, while that with the lowest acidity (pH≤5.4) - by the lightest colour and the lowest water-holding capacity. The results of an assessment of the colour and water-holding capacity of meat with various pH are in accordance with Seideman *et al.* [1984], Meller *et al.* [1998], and Sobina [1998]. Seideman *et al.* [1984] reported that if the ultimate pH of meat is high, the physical state of proteins will be above their iso-electric point. Proteins will associate with more water in the muscle and moreover fibres will be tightly packed. Therefore, such meat is dark because its surface does not scatter light to the same extent as the more open surface of meat with lower pH_u.

Table 4. Sensory properties of LD samples as related to ultimate pH (pH_u) values

Trait	Animals		pH _u subgroup of LD (48 h post-mortem)			
			≤4	5.5-5.7	5.8-6.0	>6.0
Aroma – density	PHF bulls ¹	mean	5.00	4.83	5.00	4.99
		SD	0.00	0.39	0.00	0.07
	crossbred bulls ²	mean	4.96	5.00	4.96	5.00
		SD	0.13	0.00	0.14	0.00
Aroma – desirability	PHF bulls ¹	mean	5.00	5.00	5.00	4.93
		SD	0.00	0.00	0.00	0.24
	crossbred bulls ²	mean	4.93	5.00	4.96	5.00
		SD	0.18	0.00	0.14	0.00
Taste intensity	PHF bulls ¹	mean	4.33	4.13 ^a	3.88 ^A	4.80 ^{Aa}
		SD	0.58	0.68	0.48	0.47
	crossbred bulls ²	mean	4.23 ^a	4.55	4.42 ^b	4.90 ^{ab}
		SD	0.43	0.76	0.73	0.34
Taste desirability	PHF bulls ¹	mean	4.33	4.13 ^a	4.25	4.80 ^a
		SD	0.58	0.68	0.29	0.47
	crossbred bulls ²	mean	4.21 ^A	4.50 ^a	4.46 ^b	4.90 ^{Aab}
		SD	0.51	0.67	0.69	0.34
Tenderness	PHF bulls ¹	mean	4.50 ^a	3.88 ^{Aa}	4.00 ^B	4.79 ^{AB}
		SD	0.50	0.57	0.71	0.44
	crossbred bulls ²	mean	4.14 ^A	4.25 ^B	4.23 ^C	4.93 ^{ABC}
		SD	0.82	0.92	0.70	0.21
Juiciness	PHF bulls ¹	mean	4.33 ^a	3.67 ^{Aa}	4.25	4.70 ^A
		SD	0.58	0.62	0.29	0.52
	crossbred bulls ²	mean	4.07 ^A	4.15 ^B	4.15 ^C	4.80 ^{ABC}
		SD	0.55	0.71	0.66	0.40

LD – *longissimus dorsi* muscle.

¹Polish Holstein-Friesian Black-and-White.

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^{aA...} Within rows means bearing the same superscripts differ significantly at: small letters – $P \leq 0.05$; capitals – $P \leq 0.01$.

Table 4 illustrates the results of an evaluation of the sensory properties of meat. The best palatability was reported for meat with $\text{pH}_u > 6.0$. PHF bulls' meat with pH_u ranging from 5.5 to 5.7 and from 5.8 to 6.0, and the most acidic meat from crossbreds ($\text{pH} \leq 5.4$) received the lowest scores for this trait. Significant differences were identified between the means for groups given the highest and lowest scores for palatability. The present results, similarly to those reported by Viljoen *et al.* [2002], do not confirm the opinion by Kortz [2001] that DFD meat is characterized by worse palatability than meat with normal pH value.

The distribution of mean scores for the meat tenderness and juiciness in relation to various pH_u levels (Tab. 4) was similar to that determined for palatability. Meat with $\text{pH}_u > 6.0$ was characterized by best tenderness and juiciness. In PHF bulls, significant ($P \leq 0.01$) differences occurred with respect to tenderness between meat with $\text{pH}_u > 6.0$ and meat with pH_u 5.5-5.7 and 5.8-6.0 which received the lowest scores. A significant ($P \leq 0.05$) difference was also observed between the tenderness of meat with $\text{pH}_u \leq 5.4$ and 5.5-5.7. As regards juiciness, significant differences were found between means for meat with $\text{pH}_u > 6.0$ and 5.5-5.7 ($P \leq 0.01$) as well as for meat with $\text{pH}_u \leq 5.4$ and 5.5-5.7 ($P \leq 0.05$). In crossbreds, the differences between the mean values of tenderness and juiciness of meat with the lowest acidity and the mean scores for these traits determined for meat in the other pH ranges were found to be significant at $P \leq 0.01$.

The relation between the ultimate pH and tenderness of meat was also described by Purchas [1990] and Devine *et al.* [1993] who demonstrated that meat tenderness decreased along with an increase in pH_u from 5.5 to 6.0, and increased when pH_u exceeded 6.0. Purchas [1990] observed the lowest beef tenderness at pH_u around 6.0. The reasons for these relationships are not clear. Geesink *et al.* [1992] suggested that pH_u within the range of 5.8-6.3 is associated with lower activity of proteolytic enzymes (calpains and cathepsins). According to Obanor *et al.* [2001], the greater shear force of meat with such pH_u may be related to the shorter sarcomers. Better juiciness of beef with high pH values could result from its higher water-holding capacity and lower water loss during thermal treatment [Guignot *et al.* 1994]. Higher scores for juiciness in meat with low acidity were reported also by Meller *et al.* [1998] and Sobina [1998].

The results of the present study show clear differences in the quality of meat in relation to its pH_u measured 48 h post-slaughter, and classified as "defective" (PSE, DFD) vs. "normal". No significant differences were identified with respect to the physico-chemical and sensory properties of normal-quality meat, *i.e.* meat with pH_u 5.5-5.7 and 5.8-6.0. Therefore, there is no need to divide normal-quality meat (with pH_u 5.5 -6.0) into technological subgroups based on its acidity.

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Zależność między końcowym pH mięsa buhajków (pH_u) a jego jakością

Streszczenie

Badania przeprowadzono na próbkach mięśnia najdłuższego grzbietu buhajków rasy polskiej holsztyńsko-fryzyjskiej odmiany czarno-białej (PHF) oraz mieszańców uzyskanych z krzyżowania krów rasy PHF z buhajami rasy limousine (odpowiednio 71 i 79 zwierząt). Na podstawie wartości pH_u oznaczonej po 48 godzinach od uboju wyodrębniono cztery grupy próbek: $pH \leq 5,4$, $5,5-5,7$, $5,8-6,0$ i $>6,0$. Wraz ze wzrostem wartości pH_u mięsa obu grup obserwowano w nim tendencję do obniżania się % suchej masy, a w mięsie mieszańców również białka ogólnego. Mniejszej kwasowości mięsa towarzyszył wzrost zawartości w nim białka rozpuszczalnego. Najniższy udział azotu niebiałkowego w mięsie buhajków rasy PHF stwierdzono w próbkach o $pH_u \leq 5,4$ i $5,8-6,0$, natomiast w mięsie mieszańców – w próbkach o $pH_u \leq 5,4$ i $>6,0$. Mięso o wyższych wartościach pH_u odznaczało się ciemniejszą barwą i mniejszym wyciekaniem soku. Najlepszą jakością w ocenie sensorycznej charakteryzowało się mięso o najmniejszym zakwaszeniu.

